16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
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feel that sexual intercourse is debilitating, and they will desist from it the night before they are to perform tasks which will require the expenditure of great energy. Women are approached sexually neither during menstruation nor for at least six months after childbirth, for they are considered "dangerous" to the male at these times. Returned Yanks have been denounced from the pulpit for describing American sexual mores to local youths, and such "pornographic" magazines as *Time* and *Life* mailed home by relatives from abroad, have aroused curates to spirited sermon and instruction.

Male masturbation seems to be common in Inis Beag (sometimes called the major "escape valve" for frustration in Ireland), but premarital coitus is unknown and marital copulation is limited as to foreplay and the manner of consummation. Elders proudly insist that premarital sexual activities of any sort do not occur in the island, but male youths admit to it in rumor. The claims of young men focus on "petting" with tourists and a few local girls, whom the bolder of them kiss and handle outside of their clothing. Inis Beag girls, it is held by their lovers, do not confess these sins because they fail to experience pleasure from the contact; the male perpetrators also shun the confessional because of their fear of the curate. Absolute privacy at night is sought by married couples when they copulate, and foreplay is limited to kissing and rough fondling of the lower body of the woman, especially her buttocks. Sexual activity invariably is initiated by the husband, and the wife is usually totally passive. Only the male superior position is employed, and intercourse takes place with underclothes not fully removed; orgasm for the man is achieved quickly, after which he falls asleep almost immediately. Whenever I talked with males of sexual practices other than those just described, my remarks were met with disbelief, or I was accused of "codding" my listeners.

Many kinds of behavior disassociated from sex in other societies, such as nudity and physiological evacuation, are considered sexual in Inis Beag. We have noted elsewhere the fear of nudity—which precludes washing the body and bathing in the sea—and the secrecy surrounding the acts of urination and defecation and the use of human manure as fertilizer and cow dung as fuel. The sexual symbolism of nudity not only has resulted in the drowning of seamen who might have saved themselves had they been able to swim, but in the death of men who were unwilling to face the nurse when ill, because it might mean baring their bodies to her, and thus were beyond help when finally treated. An island nurse confided to me that she was physically assaulted by the mother of a young man for diagnosing his illness in the mother's absence and bathing his chest as the woman entered his bedroom. Even the nudity of household pets can arouse anxiety, especially when they are sexually aroused during time of heat. In some cottages, dogs are whipped for licking their genitals and soon learn to indulge in this behavior outside when unobserved.

Hypochondria and depression in Inis Beag are inextricably linked, in that the former composes part of the syndrome of the latter; and just as sexual puritanism is undergirded by masochism, so are these two traits. Little more need be said about the causes of depression among the folk, other than to bring together factors which have been discussed earlier: the extent to which their lives are circumscribed by the will of the priest and other figures of authority; their poverty

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[For information pertaining to the historical background of Irish national character and personality development, the relation to sexual repression and theological dogma, see 17: Messenger, ER6 Rural Irish, category 116, pp. 20-27.]

114 155 troversial novels use the Oedipus complex as a focus. *Michael Joe*, by William Murray, examines the role of the emasculating Irish mother, and John McGahern, in *The Dark*, probes the conflict between father and son so characteristic of Irish society.

114 One of the most penetrating studies of this sociocultural configuration, which has such momentous psychological consequences, is that of Marvin Opler and Jerome Singer, conducted among first, second, and third generation Irish male schizophrenic patients in New York hospitals. The intent of these social scientists was to determine how psychotic syndromes are culturally patterned. For a year they observed their respondents to obtain total psychiatric, anthropological, and psychological profiles. Their observations included ward scrutiny, interviews, the collection of life histories and case histories, and the administration of thirteen tests, among them the Rorschach, Thematic Apperception, Sentence Completion, and Porteus Maze. The investigators conclude that there is a continuity of Irish (and Italian) culture and personality forms among immigrants for at least three generations; their psychological findings are buttressed by research data collected in Irish and English mental institutions. My wife and I visited one of these hospitals and [12] interviewed several Irish psychiatrists both there and in America. Our own conclusions support many of those reported by Opler, Singer, and * 831 the psychiatrists interviewed.[6] Opler and Singer have the following to • 15 say about the Oedipus complex in Ireland: [593]

> Normative cultural standards led to the hypothesis that the central female figure in the Irish family, the mother, could instil primary anxiety and fear toward female figures. . . . This hypothesis grew out of anthropological observations that the central figure in Irish families is more likely to be a controlling figure on the distaff side, while fathers, especially in straitened economic circumstances, are frequently by contrast shadowy and evanescent. [58] . . . An Irish male patient beset with anxiety and fear of female figures [838] early in life, and lacking possibilities of firm male identification with a father, would later experience the sexual repressions and socio-religious definitions of marriage and sexuality for which his culture, with its high celibacy rates, protracted engagements, and sin-guilt emphases, is justly famous. . . . all this spells a final anxious and fearful lack of positive sexual

[6] Irish psychiatrists in that country, England, and America are often reticent [815] about discussing sex. Psychiatric theory in Ireland is modified by Catholic dogma, [779] and specialists are influenced in writings, therapy, and discussions by subtle religious and political forces, as well as by their own character structure shaped by the Irish milieu. One psychologist, well acquainted with psychiatry in Ireland, dubbed much of it "Freud with clothes on."

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identification, varying in a continuum from repressed and latent homosexual balances through to added displacements and distortions that are either pallid asexuality or fearful and bizarre misidentifications. Since the culture does not condone sexual expression or postpones and then rigidly defines it in marriage . . . latent homosexual balances [were hypothesized] for this group, no overtly sought interpersonal manifestations, and a facade of asexual misogyny varied only by the most personalized and bizarre female identifications. . . . [The] basic personality has stamped into it such feelings as male inadequacy, the masculine protest, hostility toward females, and the kind of latent homosexual feelings which produce a further sense of sin and guilt (Opler and Singer 1956: 15–18).

Among the seven diagnostic variables utilized by the researchers, the Irish patients ranked highest in the "Sin, Sex, and Guilt Ideology" (93 percent of the sample) and "Homosexuality Types" (90 percent of the sample latent, none overt) categories.

Complementing the Oedipus complex in the etiology of sexual puritanism is male solidarity. It has a long history in Ireland—revealed in legend and modern literature alike—and is instrumental in delaying marriage and making for marital maladjustment. Freudian psychologists see it as one of the many possible by-products of the "universal" Oedipus complex—"male inadequacy, the masculine protest, hostility toward females, and . . . latent homosexual feelings"; but many anthropologists (especially structural-functionalists) analyze it as a sociocultural phenomenon, for it is found in societies in which the Oedipal configuration appears not to exist. Elizabeth Coxhead, in discussing Lady Gregory's play, *Grania*, alludes to the tragic plight of most Irish women, past and present.

Grania is . . . a play in which a woman is ousted from an emotional relationship between two men. The "love" is that of man for man, of brother for brother; it is loyalty to the warrior band, and a corresponding resentment of the woman who takes away the warrior's freedom, makes trouble with his comrades, distracts him from his purpose in life. It is an attitude which filters through the play as light filters through crystal; which runs through the heroic Irish sagas. . . . Its continuing validity was borne out by all Lady Gregory had observed in the world around her, the world of the "loveless Irishman," the peasant society which relegated women to serfdom, the middle-class intellectual society which left them only donkey-work. . . . such a view of the Irishwoman's role, of her relegation to insignificance and her resentment under it, is not exclusively feminine. It is abundantly confirmed by Synge. His heroines . . . are creatures caged and raging, given no scope for their powers, condemned to love men who are poor things

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their exhortations. The most common theme is "controlling one's passions," but two others have often been addressed in the missionizing effort: abstaining from intoxicating drink and maintaining the faith as an emigrant. Collections are made by children to support the endeavor, and a list of contributors and their respective donations is displayed publicly. This technique of social control is also used by the curate at the several yearly offerings. A mission creates an emotionally charged atmosphere on the island, which continues for weeks after the departure of the clerics.

The seeds of repression are planted early in childhood by parents and kin through instruction supplemented by rewards and punishments, conscious imitation, and unconscious internalization. Although mothers bestow considerable affection and attention on their offspring, especially on their sons, physical love as manifested in intimate handling and kissing is rare in Inis Beag. Even breast feeding is uncommon because of its sexual connotation, and verbal affection comes to replace contact affection by late infancy. Any form of direct or indirect sexual expression—such as masturbation, mutual exploration of bodies, use of either standard or slang words relating to sex, and open urination and defecation—is severely punished by word or deed. Care is taken to cover the bodies of infants in the presence of siblings and outsiders, and sex is never discussed before children. Several times my wife inadvertently inquired as to whether particular women were pregnant, using that word before youths, only to be "hushed" or to have the conversation postponed until the young people could be herded outside. The adults were so embarrassed by the term that they found it difficult to communicate with her after the children had departed. She once aroused stupefaction among men on the strand when she attempted unsuccessfully to identify the gender of a bullock about to be shipped off.

It is in the home that the separation of sexes, so characteristic of Inis Beag life, is inaugurated among siblings in early childhood. Boys and girls in the family remain apart not only when interacting with the parent of the same sex at work, but when playing in and near the cottage and traveling to and from school. Parents and their older offspring read popular religious journals, found in most homes, many of the articles in which deal with sexual morality of the Irish Catholic variety.

One sociologist (Berger 1963: 66–92) classifies social control methods as those which involve physical violence or its threat (e.g., political and legal sanctions), those which result in economic pressures (e.g., occupation and market place relations), and, finally, those which